

Time to read Cathy's story

Author Cathy Glass shares why she decided to foster

Cathy Glass has spent the last 20 years caring for children of all ages and backgrounds. She also has three children of her own, two natural and one adopted. It is the true-stories behind some of these children which have formed the basis for the books she is now known for internationally. Through her books, which are regularly in the top 10 best-sellers list, Cathy portrays the suffering and

"It's demanding, but the rewards never end"

writing with fostering. Before the publication of her fostering memoirs she had written several short stories, articles, and poems for various national magazines and

newspapers. "I think writing is a sort of therapy for me, and certainly telling the children's stories has helped me to come to terms with what they've been through."

Since publishing her first book in 2007, Cathy has written a further seven titles, each receiving critical-acclaim and applauded for their world-wide appeal.

"Through my books I hope to raise public awareness that will eventually lead to improvements in 'the system' for protecting vulnerable children.

"I also want them to offer hope to those who are struggling in their own lives. Many readers have said that reading my books puts their own problems into a better perspective."

Her books are also used by trainers and practitioners

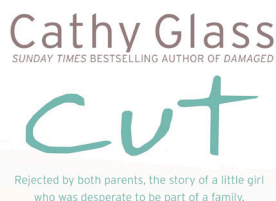
working in childcare and child protection.

Cathy plans and runs training courses for new foster carers and helps implement new foster procedures for her local social services.

Through her popular dramatic writing style Cathy has also built up a huge following for her true-life books.

"I have been completely

courage of some of the most vulnerable children in our society.

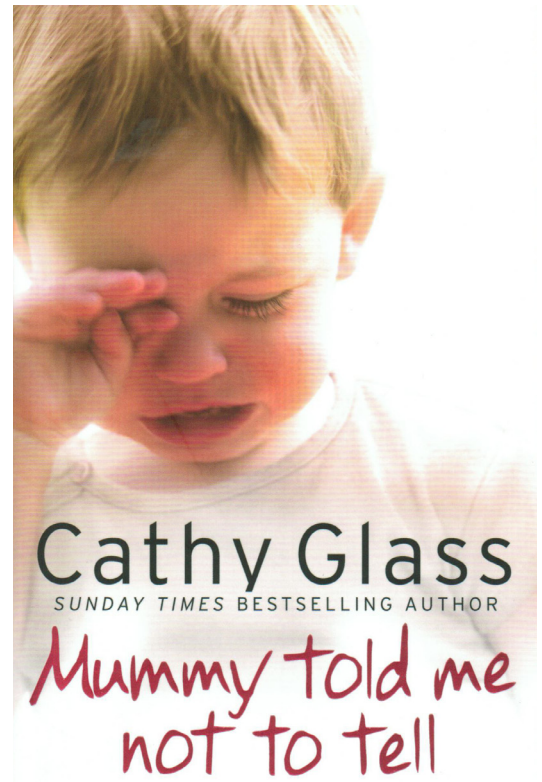


Her 'calling' for fostering began when she saw an advert in the local newspaper, following a career in civil service.

"The advertisement said that foster carers were desperately needed, and so I went along to an introductory evening and never looked back.

"I'll admit that at times fostering is very demanding, but the rewards are never ending."

Cathy has always combined



The true story of a troubled boy with a dark secret

overwhelmed by the response, and very touched by the public's empathy and support.

"Within a week of the publication of my first book - Damaged, the letters and emails began pouring in, and they have continued to do so, seven books later."

"Writing is a sort of therapy for me"

Looking to the future, Cathy hopes to continue writing the stories which have proven to be a positive significance

in the lives of many families.

"Next year I have two books coming out - My Dad's A Policeman and Run mummy, Run! I have also written some pre-school picture book stories which I'll be showing to my publisher soon.

"I've asked that the proceeds from the children's books is donated to children's charities."

Cathy's ninth book, My Dad's a Policeman is now out. To order a copy visit www.amazon.co.uk.

For more information on Cathy Glass and her books, visit www.cathyglass.co.uk.